



Mrs Nairne's Headlines

Well Done Year 6

Our amazing Year 6 children performed incredibly well in their SATs! In both Reading and Maths the children performed higher than the last cohort to complete Year 6 SATs in 2019. This is a huge achievement! We are above the national average in all areas, reading, writing and maths and over 10% above national average for children reaching the expected standard in all areas.

As we know, school isn't all about the SATs and at Handsworth we value the importance of developing our children's creativity, confidence and giving them strategies to navigate their way through life. However, this team effort should be celebrated. Well done Handsworth! I am so proud of you all.

Summer Club lunch included

We are excited to have our first Summer club running for two weeks. **We will now be including lunch in the price so children will not need a packed lunch.**

Mon 25th - Fri 29th July
Mon 1st - Fri 5th August

At the club children will take part in a whole range of engaging activities such as food technology, arts and crafts, cricket, rounders and tennis and many other fun adventures.

The club will be the perfect place for our children to relax with friends, stay active and get creative for this summer! We are lucky because many of our staff are running this club and are very excited about providing this opportunity.

Last 2 Weeks!

As we approach our last 2 weeks of this academic year, I wanted to remind you of some events we have coming up. Tonight we have our Funky Feet performance and our Year 6 production. On Wednesday 13th July, we have our Open Classroom session. In the last week of term we have Year 6 graduation.

Please remember to complete the [transition form](#) if you want to make next year's teacher aware of anything. Our teachers have started their contextual handover meetings and have been discussing the children in depth.

Today was our last Future Friday and our children have built good relationships with their new teachers. They will be meeting their support staff soon too.

PLEASE REMEMBER



END OF YEAR REPORTS

Reports will be available from 5.30pm today. You can access the report through the school website. Ms Addai has made a handy video to explain more about the reports. You can also read [this letter](#) to find more information. Please click below to see the video.



**ASSESSMENT AT
HANDSWORTH.**

Happy PRIDE, Handsworth!

Last weekend, people came together in London to celebrate Pride. We hope those of you who celebrated had a great time.

Pride month is about acceptance, equality, celebrating the work of LGBTQ+ people, education in LGBTQ+ history and raising awareness of issues affecting the LGBTQ+ community.

LGBT+ stands for lesbian, gay, bisexual and transgender. The + is an inclusive symbol to mean 'and others' to include people of all identities.

This Newsround video might be a useful starting point for a discussion about Pride celebrations with your child
[Newsround Video](#)

BBC

iPlayer

Click on the flyer below to book Waltham Forest Pride 2022

Waltham Forest PRIDE 2022

Saturday 30th July
12 noon - 8pm

Fellowship Square, Waltham Forest Town Hall

Street Food - Fountain Fun - Family Activities - Community Stalls - Picnics - VIP Speakers Street Entertainment - 80s Vibe Playlist Cabaret Performances - Liquid Refreshments (alcoholic and soft) - Fellowship Foods Café And much, much more....
It's going to be rainbow-tastic!



Attendance and Punctuality Matter

5 minutes late = 3 days lost each year.

10 minutes late = over 6.5 days lost each year.

15 minutes late = over 10 days lost each year.

20 minutes late = over 13 days lost each year.

30 minutes late = over 19 days lost each year.

Good attendance and punctuality is important for achieving success at school and are also important life skills. Absence from school disrupts learning, hinders progress and is unsettling for children if they arrive rushed.



10 days absence means 95% attendance.

19 days absence means 90% attendance.

29 days absence means 85% attendance.

38 days absence means 80% attendance.

47 days absence means 75% attendance

Please speak to us if you would like support with attendance and punctuality.



Schools have a responsibility to inform parents if we have concerns about your child's attendance or punctuality. If your child's attendance is below 90%, this is classed as persistent absence and the Local Authority may become involved. We want to support you to improve attendance and punctuality, so please let us know if there is anything we can do.





World Afro Day 2022!



World Afro Day is celebrated on September 15 every year. The day celebrates afro hair*, culture and identity for people from black or mixed heritage backgrounds.

We invite you to take pictures of your hair and tell us in no more than 2 sides of A4 paper:

- What does your afro hair mean to you?
- What do you love about it?
- Why is it important to celebrate World Afro Day?

If your photo and writing is chosen you will receive an Afrocenx gift bag with natural hair products worth over £50 and have the opportunity to showcase your photos and writing at the celebration event on Thursday 15th September.

Send your photos and stories to Worldafroday2022@walthamforest.gov.uk by 19th August 2022.

* What is afro hair? Natural Afro, mixed Afro, curly or kinky hair from African descent.

The Early Help Service are currently leading on a Storytelling Project, where they will be holding different events, which they want to engage the residents of Waltham Forest.

The first event is celebrating World Afro Day 2022, and they would like the young people in our school to take part by sending photographs of their Afro hair and telling them what their hair means to them? What does their hair represent? How do they style it? What do they love about it? The questions should be no more than 2 sides of A4.

The consent form is [here](#)

A panel, will then select some photos from across the borough to be included in an exhibition, where the winners, parents/carers and friends will be invited to attend. They will also receive a gift bag containing natural hair products.

Chingford Cricket Club
 Forest Side ground, Kimberley Way, Chingford E4 6DE

Summer 2022 Cricket Camp
 Tuesday 2 August – Thursday 25 August

Bowling practice **Batting practice**
Fielding practice **Hardball and soft ball**
Girl-only sessions **Practice matches**

Male and Female ECB qualified coaches

	Tuesdays	Wednesdays	Thursdays
10am – 12.30pm	Boys 6 – 9 years Girls 6 – 14 years	Boys 6 – 9 years Girls 6 – 14 years	Boys 6 – 9 years Girls 6 – 14 years
Lunch Break			
1.30pm – 4.00pm	Boys 10 - 13 years 14 - 19 years	Boys 10 - 13 years 14 - 19 years	Boys 10 - 13 years 14 - 19 years

Only £10 per session

Indoor cricket school available in wet weather

No booking required! For more info contact Hassan Malik on 07951 242393 or email chingfordccclubs@gmail.com

Your Speak out. Stay safe. certificate

Awarded to:

Handsworth Primary School

A massive thank you and a big well done to all pupils for being such great listeners and taking part in *Speak out*. Stay safe, with Buddy.

Peter Wanless Peter Wanless
 Chief Executive

Date: 4th July 2022

Thank you for helping to keep more children safe!

NSPCC EVERY CHILDHOOD IS WORTH FIGHTING FOR



We had
so
much
fun!





THANK YOU TO FRIENDS
OF HANDSWORTH AND
EVERYONE WHO
SUPPORTED AND
ORGANISED THE SUMMER
PICNIC!



THANK YOU ALL FOR
SUPPORTING US AND
THANK YOU TO OUR
SPONSORS FOR MAKING
THE EVENT SO WONDERFUL
FOR OUR SCHOOL
COMMUNITY!



Summer Picnic and Colour Run
2022

270 Min
Music played

20
Volunteers running the fete

400 +
Guests welcomed to our fete

400KM
Run by colour run participants

£4,730

raised for Friends of Handsworth Primary school

200
Colour run participants

£1,000 +
Value of Raffle prizes

30ft
inflatable assault course

Over
40,000
Steps walked by event organiser

Sponsor



Sponsor





Why You Don't Need to Hide Your Feelings From Your children

Do you ever feel like you can't have hard feelings in front of your child? When you get frustrated or sad do you feel like you have to hold it all in so that you don't upset them? Often in the world of respectful parenting there is this idea that parenting with intention means always being calm and happy with our children. Here's the thing, the goal is not that our children think we don't have emotions. The idea that we'll never be triggered or feel hard things in their presence, that we'll just remain calm at all times is unrealistic and not how our bodies are designed. Children know when we are feeling something hard whether we tell them or not. They pick up on our tone, our body language, and the other non-verbals signals we're sending out all the time.

Hard Feelings Are an Opportunity to Teach children

What if instead of trying not to express hard feelings around our children, we viewed it as an opportunity to foster their emotional development? We can talk to children all day about how to process their emotions, but if we're not modeling it for them, our words will only take us so far.

How are children supposed to know it's okay to feel hard things when they never see us do it? How will they know that it's okay to be angry or sad if we don't let ourselves feel it in front of them? If we want them to know that their feelings are normal and they can build a toolbox for regulating, we have to show them.

Before Self-Regulation Comes Self-Awareness

The first step to modeling self-regulation is modeling self-awareness. What does it feel like in your body when you're feeling sad, mad, or disappointed? Does your heart race? Does your chest get tight? Do you start to feel hot all over? Does your jaw clench? When this happens to us in the moment and we share it with our children, they learn that it's normal to feel big things in their bodies and to tune into those signals rather than tuning them out or trying to make them stop.

"I'm so frustrated that the dishwasher isn't working! My chest feels tight and I want to yell!"

"I'm feeling overwhelmed by all of the noise here. I feel hot and edgy."

"This is not how I expected this to go. I'm so mad that I can feel my jaw clenching."

Next we get to model self-regulation for them. This will look different depending on what helps you feel calm in the moment. Here are some ideas:

"I am squeezing my fists and taking breaths to help my body."

"I'm taking ten deep breaths, and now I feel ready to solve this problem."

"I'm going to step outside to look at the sky to help my body calm. Want to come?"

When a child is uncomfortable with an adult's emotion

Sometimes children aren't sure what to do or how to react when they see a parent or caregiver expressing a hard emotion. When that happens there are two things we want to emphasize:

1) It's normal and okay for us to feel hard things.

2) Our children do not have to fix our hard feelings.

When children understand that it's safe for their caregivers to feel hard things, and that they don't have to be responsible for fixing it or solving our problems, they can feel safe and secure even when they see us experience something hard.

This might sound like...

"Sometimes I feel frustrated. I won't feel this way forever."

"You don't have to fix my feelings. It's okay for me to feel sad."

"When I'm ready to feel calm I can take some deep breaths."

What if I don't have the bandwidth to respond like this?

There will be many times that you just don't have the time or mental bandwidth to respond this way. We see lasting positive results when we respond with intention just 20% of the time. When you show up as your imperfect self, you give your children permission to do the same.

*You don't need to hide
your feelings from
your children.*



"LISTEN EARNESTLY TO ANYTHING YOUR CHILDREN WANT TO TELL YOU, NO MATTER WHAT. IF YOU DON'T LISTEN EAGERLY TO THE LITTLE STUFF WHEN THEY ARE LITTLE, THEY WON'T TELL YOU THE BIG STUFF WHEN THEY ARE BIG, BECAUSE TO THEM ALL OF IT HAS ALWAYS BEEN BIG STUFF."

— CATHERINE M. WALLACE



A child who is respected, will become Respectful.

A child who is loved, will become Loving.

A child who is treated with fairness, will become Just.

A child who is listened to, will become a Great Listener.

A child who is given choices, will become Responsible.

A child who is treated with kindness, will become a Great Friend.

A child who is nourished in all these ways, will become a Leader.

One Time Through

Sakh Sandhu

